

## Do Care – Neighbourhood Support Programs

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### Metropolitan Contacts:

**Welcome Home & West Region Visiting  
Jacqui - 8375 1404**

[jacqui.barnden@ucwesleyadelaide.org.au](mailto:jacqui.barnden@ucwesleyadelaide.org.au)

**Violet's Visitors & North Region Visiting  
Michelle - 8375 1104**

[michelle.walker@ucwesleyadelaide.org.au](mailto:michelle.walker@ucwesleyadelaide.org.au)

**Phone Support & South/East Region Visiting  
Marilyn - 8375 1401**

[marilyn.pearson@ucwesleyadelaide.org.au](mailto:marilyn.pearson@ucwesleyadelaide.org.au)

**Homeshare, SPIN, In Your Street  
Barbara - 8375 1197**

[barbara.donaldson@ucwesleyadelaide.org.au](mailto:barbara.donaldson@ucwesleyadelaide.org.au)

**Telelink & Homeshare  
Sharon - 8375 1421**

[sharon.beech@ucwesleyadelaide.org.au](mailto:sharon.beech@ucwesleyadelaide.org.au)

**Telelink : Truffy-8375 1403**

[truffy.maginnis@ucwesleyadelaide.org.au](mailto:truffy.maginnis@ucwesleyadelaide.org.au)

### Barossa Contacts

**Neighbourhood Support Programs  
Sue – 8563 3333**

[sue.southam@ucwesleyadelaide.org.au](mailto:sue.southam@ucwesleyadelaide.org.au)

**Welcome Home  
Trish – 8563 3333**

[trish.brydson@ucwesleyadelaide.org.au](mailto:trish.brydson@ucwesleyadelaide.org.au)

## Do Care—Neighbourhood Support Programs

Neighbourhood Support Programs aim to increase people's social opportunities through the support of friendly, trained volunteers.

The services are available to people who are socially isolated and are:

- over 65 years of age;
- an adult with a disability; or
- a carer.

They may self-refer, or have friends, family members or service professionals request access to the services.

Neighbourhood Support Programs have provided social support for socially isolated people for over 20 years and are available to people metropolitan wide and in the Barossa Valley.

The program has been established and thrives through the generosity of volunteers.



UnitingCare Wesley Adelaide Inc

ABN 33 174 490 373

## DO CARE—NEIGHBOURHOOD SUPPORT PROGRAMS

# Smile.

As a volunteer, you've got every reason to.



A guide to volunteering with UnitingCare Wesley Adelaide



[www.ucwesleyadelaide.org.au](http://www.ucwesleyadelaide.org.au)

Do it for you. Do it for them. Do it today.

Program	Location	Skills Required	Example Task	Contact
<b>Friendly Visitor</b>	Metropolitan Adelaide, Barossa Valley	Good conversation and listening skills, empathy with and interest in older people's talents and interests, an open, non-judgemental approach to people, and able to make a reliable weekly commitment of 1-2 hours	Visiting an elderly person in their home and engaging in social conversation	West – Jacqui 8375 1404 North – Michelle 8375 1104 South/East – Marilyn 8375 1401 nspvolunteer@ucwesleyadelaide.org.au Barossa – Sue 8563 3333 sue.southam@ucwesleyadelaide.org.au
<b>Phone Support</b>	Metropolitan Adelaide, Barossa Valley	Good conversation and listening skills, interest and empathy in older people's hobbies and interests, an open, non-judgemental approach to people, and able to make a reliable weekly commitment of 15 minutes per call	A 15 minute phone call for a friendly chat. Volunteers may make the calls from their own home and be reimbursed for the cost of calls	Metropolitan – Marilyn 8375 1401 nspvolunteer@ucwesleyadelaide.org.au Barossa – Sue 8563 3333 sue.southam@ucwesleyadelaide.org.au
<b>Telelink Group Leader</b>	Metropolitan Adelaide, Barossa Valley	Good conversation and listening skills, ability to guide and monitor group conversation, genuine interest in the well being of the participants, able to make a reliable weekly commitment of 45 minutes	A 45 minute conference chat Group leaders may work from their own home. Requires a normal home phone connection	Sharon 8375 1421 Truffy 8375 1403 nspvolunteer@ucwesleyadelaide.org.au
<b>Violet's Visitors</b>	Metropolitan Adelaide	Good conversation and listening skills, empathy with and interest in older people's hobbies and interests, a friendly and well trained dog, an open, non-judgemental approach to people, and able to make a reliable weekly commitment of 1-2 hours	Visiting an elderly person in their home, engaging in social conversation and sharing the companionship of your dog	Michelle 8375 1104 nspvolunteer@ucwesleyadelaide.org.au
<b>In Your Street</b>	Metropolitan Adelaide	Interest in being a caring neighbour and building community links	Assisting an elderly neighbour by taking out their rubbish bin, collecting mail etc	Barbara 8375 1197 nspvolunteer@ucwesleyadelaide.org.au
<b>Project SPIN</b>	Metropolitan Adelaide	Good communication skills and the ability to work with groups of all ages to achieve community benefit project outcomes	Connecting young people and older people to work together on a community project	Barbara 8375 1197 nspvolunteer@ucwesleyadelaide.org.au
<b>Welcome Home</b>	Metropolitan Adelaide, Barossa Valley	Good communication skills, caring and supportive nature, non-judgmental approach to people	Meeting person at home on discharge from hospital, basic shopping needs, pop in for a chat, assist with a variety of small tasks	Jacqui 8375 1404 nspvolunteer@ucwesleyadelaide.org.au Trish 8563 3333 trish.brydson@ucwesleyadelaide.org.au