

To ACCESS Telelink

Please complete the form below.

I would like to access a Telelink Group

Mr/Mrs/Ms

Address

Postcode

Phone (home)

Phone (other)

My major interests are:

Detach and Post to:

Telelink
Neighbourhood Support Programs
5 Maturin Road
GLENELG SA 5045

Phone: **08-8375 1403**

Neighbourhood Support Programs

Neighbourhood Support Programs aim to increase people's social opportunities through the support of friendly, trained volunteers.

The services are available to persons who are socially isolated and are:

- over 65 years of age;
- A younger adult with a disability; or
- A carer.

You may self-refer, or have friends, family members or service professionals do this for you.

Telelink is one of the Neighbourhood Support Programs which has provided social support for socially isolated people for over 20 years.

Neighbourhood Support Programs are available to people metropolitan wide and in the Barossa Valley. The program has been established and thrives through the generosity of volunteers.



Neighbourhood Support Programs

5 Maturin Road
GLENELG SA 5045

For **Telelink** contact Truffy

Phone: 08-8375 1403

Fax: 08-8375 1190

Email: truffy.maginnis@ucwesleyadelaide.org.au

Website: www.ucwesleyadelaide.org.au

UnitingCare Wesley Adelaide Inc

ABN 33 174 490 373

Neighbourhood Support Programs

TELELINK



Creating a new circle
of friends

About Telelink

Telelink is a great way for you to join a small group of people with similar interests and concerns to share friendly group conversation over the telephone.

Groups generally consist of up to 8 people.

Guided by a Leader, each group talks for 45 minutes each week at a mutually agreed time.

You and everyone else involved in the group can hear and talk to each other and participate in a way that suits them.

No special equipment is required. All you need to participate is to have the phone connected at your home.

You do not need a referral and there is no cost for this service.

Simply call 8375 1403 and you will be connected with a group.



Telelink

Telelink provides:

- ☎ Social support;
- ☎ Conversation;
- ☎ Information;
- ☎ New friendships;
- ☎ Shared experiences;
- ☎ Special interest groups e.g Sport, Crosswords, Trivia, Health, Travel, Chronic Illness.

Telelink is for:

- ☎ People over 65 living in the community;
- ☎ Younger adults with disabilities; or
- ☎ Carers.

What people say about Telelink

“During our many Telelink calls we have travelled around the world relating anecdotes, sharing laughter and enjoying our Telelink time to the fullest.

The beauty of all this is that it can be done without leaving the comfort of our homes”

Ron

