

To ACCESS Friendly Visitors

Please complete the form below.

I would like to receive Friendly Visitor.

Mr/Mrs/Ms

Address _____

Phone (home) _____

Phone (other) _____

Detach and Post to:

**Friendly Visitor
Neighbourhood Support Programs**
5 Maturin Road
GLENELG SA 5045

Contacts:

Jacqui (Western) - 8375 1404
jacqui.barnden@ucwesleyadelaide.org.au

Michelle (North) - 8375 1104
michelle.walker@ucwesleyadelaide.org.au

Marilyn (South/East) - 8375 1401
marilyn.pearson@ucwesleyadelaide.org.au

Neighbourhood Support Programs

Neighbourhood Support Programs aim to increase social opportunities through the support of friendly, trained volunteers.

The services are available to if you are socially isolated and are:

- over 65 years of age;
- an adult with a disability; or
- a carer.

You may self-refer, or have friends, do this for you.

The **Friendly Visitor** program is one of the Neighbourhood Support Programs which has provided social support for socially isolated people for over 20 years.

Neighbourhood Support Programs are available to people metropolitan wide and in the Barossa Valley. The program has been established and thrives through the generosity of volunteers.



Neighbourhood Support Programs
5 Maturin Road
GLENELG SA 5045

Phone: 08-8375 1421

Fax: 08-8375 1190

Email: nspvolunteer@ucwesleyadelaide.org.au

Website: www.ucwesleyadelaide.org.au

UnitingCare Wesley Adelaide Inc

ABN 33 174 490 373

Neighbourhood Support Programs

FRIENDLY VISITOR



**Are you feeling socially
isolated?
Would you like a friendly
visitor?**

Aims of the Friendly Visitor Program



The Friendly Visitor program aims to:

- ‡ Provide the opportunity for people who are socially isolated to enjoy a friendly visitor for social interaction with whom to share interests, hobbies or participate in local activities.
- ‡ Provide a service which:
 - ensures you as a receiver of the service, are respected and valued;
 - affirms your individuality; and
 - encourages your contribution.

- ‡ Recognises and values the social contribution you have made during your lifetime and the wealth of experience you have to share.
- ‡ Respect your right to participate in decision making and make your own decisions.
- ‡ Recognise and value your personal uniqueness, your life experiences, your values, and your hopes, aspirations and fears.
- ‡ Provide information and support to encourage you to participate in community activities if appropriate.



Would you like to receive a Friendly Visitor?

If you are living in the community and are socially isolated due to frailty, disability or you are a carer, you may enjoy receiving a friendly visitor each week.



A Friendly Visitor visits you in your home each week. You share conversation and discover common interests and learn about another person's life. You can share views about hobbies, current affairs, or any subject that interests you.

It is an enjoyable way to get to know new people. Many long term friendships have developed this way.