

Family Violence Programs for Women.

UnitingCare Wesley Family Services offers a range of services to women who are dealing with the effects of family violence.

These services include:

- Specialised Counselling
- Women's groups
- WIC Women's Support group
- WIC peer mentoring.

UnitingCare Wesley Adelaide Family Services are guided by a number of important principles:

- Violence and abuse is often about men using power and control over women and children. It is about men believing that they have a sense of entitlement over the women with whom they have a relationship
- Violence and abuse are against the law
- We support women in the belief that there is no excuse for violence
- Women are not responsible for the use of violence perpetrated by male partners
- Safety of women and children is paramount.

Contacting Us

Call 08 8202 5190
Mobile: 0448 691 221

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Adelaide SA 5000
GPO Box 2534,
ADELAIDE SA 5001

Email: wic@ucwesleyadelaide.org.au



UnitingCare Wesley Adelaide 10 Pitt Street, Adelaide SA 5000.
Telephone 08 8202 5111 www.ucwesleyadelaide.org.au

Family Violence Peer Mentoring Program for Women.



What does the mentoring program do?

The program, also known as WIC (Women In Charge) was developed in response to a need identified by women who have experienced family violence. This being, the profound and ongoing isolating effect of family violence.

The WIC program provides support to women who are:

Experiencing family violence by

1. Providing an ongoing monthly support group facilitated by UCW staff
2. Linking them with a mentor who themselves have experienced family violence.

Mentors have participated in comprehensive initial training and are committed to ongoing training to assist them in their role.

Benefits of a mentor.

- To provide support
- To have someone to talk to who has been through family violence
- Regular pre arranged contact either by phone or at an agreed meeting place
- Mentors will understand the need for you to make decisions in your own time, working towards increasing feelings of self esteem and self confidence.

Support offered.

A staff member from the WIC Program will facilitate the initial meeting between yourself and the mentor.

How to find out more.

If you would like to learn more about this confidential free service, please contact Peer mentoring staff for a chat on 8202 5190.

What information will you be required to give?

In order for us to match you with a mentor who you will feel comfortable with we would like to get to know a bit about you.

For example, we will be interested to know: what some of your interests are, if you are working, if you have children, pets and anything else that you may like us to know about you.

Confidentiality.

You can expect that your mentor and Peer mentoring staff member will discuss confidentiality and privacy guidelines, your rights and the purpose of data collected and our feedback and complaints procedures.

What if I don't get on with my mentor?

For a variety of reasons, you may find that you are unable to connect with your mentor. Equally, the mentor may find herself in a similar situation. We will try to get it right the first time, but if you find that its not working then just let us know and we will discuss possible options with you.

How do I become involved?

If you are interested and want to learn more about this confidential and free service, please ring Peer mentoring staff members on 8202 5190 for a chat, or come in for a coffee.