

What services do we provide for men?

Men and Family Relationships Counselling provides a service to men wanting to access counselling, information and support for family or relationship issues on an individual, family or group basis.

Our services are accessible to:

- School Aged Young Men who want to speak with a counsellor about the challenges that young men face in relationships.
- Men who are recently separated or going through a separation and want to deal with issues such as grief, isolation, loneliness and parenting issues.
- Men who are parents and are wanting to access assistance in thinking about how best to parent their child or children. This can be particularly relevant after separation.
- Men who are facing difficulty and would like assistance to deal with issues such as unemployment, feeling sad.
- Men who are retired and are adjusting to life after leaving the workforce.

What can I expect from a Men & Family Relationships Counsellor?

- That he/she will provide you with a quality, confidential and respectful service.
- That he/she will work with you to make decisions that are best for you, your family, children and loved ones.
- That he/she will thoroughly explain the counselling process.

Making an Appointment?

Monday – Friday 9.00am to 5.00pm

Family Relationship Centre

Shop 52A Elizabeth Shopping Centre

50 Elizabeth Way, Elizabeth

(enter mall next to Commonwealth Bank/Harris Scarfe)

Ph: (08) 8255 3323

Fax: (08) 8255 7753

This program is funded by
Commonwealth Department of Family and Community Services and
Indigenous Affairs and is operated by



Relationships Australia
SOUTH AUSTRALIA





Our Commitment

Our service has a commitment to assisting individuals, couples and families to enjoy positive, safe and respectful relationships, free of violence and abuse through the provision of quality counselling.

How much will it Cost?

We offer a sliding scale of fees which is based on your annual income. Nobody is refused a service due to inability to pay. A copy of our fees schedule is available from reception.

How you can give us Feedback

We appreciate and take seriously any feedback we receive and you will be given the opportunity to provide feedback through our routine evaluation process or otherwise you are invited to talk to your Counsellor or the Team Manager. You are also invited to make any suggestions using the forms and Suggestion Box located in our waiting area. If you wish to make a complaint, information is available in our pamphlet on Feedback and Complaints.

Who are our Counsellors?

All Men and Family Relationships staff are qualified professionals and are provided with ongoing professional supervision, support and training that updates them on all current therapeutic developments.

Counselling and The Family Law Act

UnitingCare Wesley Adelaide and Relationships Australia (SA) are approved counselling organisation pursuant to the Family Law Act 1975.

Under section 10E of the Act, anything said or any admission made at family counselling is not admissible in any court. This means that, under this section of the Act, information provided to a counsellor is protected from being used in legal proceedings.

Confidentiality and The Family Law Act

All Men and Family Relationships counsellors are required to respect confidentiality in accordance with the Family Law Act. Given our statutory obligation of confidentiality under the Family Law Act, we will take any necessary steps to ensure that confidentiality is maintained.

You can expect that your counsellor will discuss confidentiality and privacy guidelines, your rights and responsibilities in counselling, the types and purpose of data collected and our feedback and complaints procedures.