

Am I the only one?

Statistics show that one in three females, and one in six males has been sexually abused. But in reality we believe the incidence of sexual abuse is even higher. Many survivors fear that if they tell they will be judged, not believed, and blamed for the abuse. Sexual abuse effects people of all ages, cultures, genders, sexual orientations, abilities and socio-economic backgrounds.

You are not alone.

Does sexual abuse effect your life?

The effects of childhood sexual abuse are varied and are different for each individual. Sometimes the effects are apparent, sometimes not. It can affect the way people feel about themselves and the ways in which they would like to live their life. Counselling aims to assist people to deal with these affects and take control of their lives.

Talking helps and things can change for the better.

To make an appointment or speak with a counsellor please contact:

UnitingCare Wesley Adelaide Family Services

1st Floor, 10 Pitt Street, Adelaide SA 5000

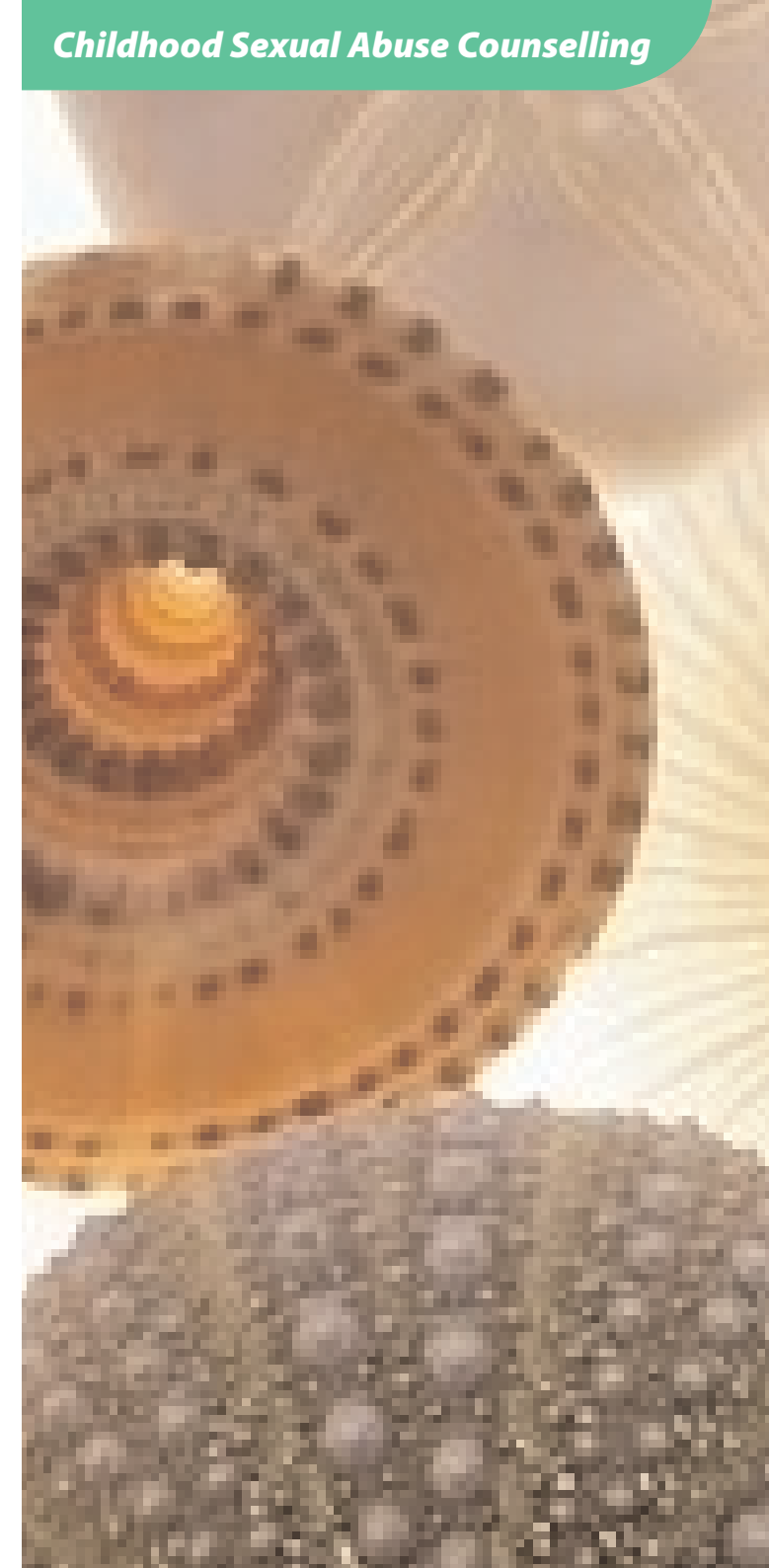
Phone: (08) 8202 5190

Service Hours 9:00 am to 5:00 pm Mon-Fri.

www.ucwesleyadelaide.org.au



A service of UnitingCare Wesley Adelaide Inc.
and jointly funded by the SA Department for Families and Communities.



What do we do?

The Childhood Sexual Abuse Counselling Service provides counselling for adult women and men as well as young people who have experienced childhood sexual abuse, and it's staffed by professional counsellors.

We listen

We honour your story

We don't judge

We assist and support you

We believe

What can you expect from the Childhood Sexual Abuse Counselling Service?

The staff at UnitingCare Wesley understand how difficult it can be for people to talk about their experiences of sexual abuse.

If you decide that you would like to talk with a counsellor you can expect that they will:

- Provide a professional and confidential service
- Be appropriately trained in the area of childhood sexual abuse counselling
- Discuss confidentiality and privacy guidelines
- Listen, believe and be non-judgemental
- Assist and support you to address the effects of childhood sexual abuse
- Respect that you know what's best for your own life
- Provide you with information that might be useful to your needs

Sexual abuse is a criminal act and the perpetrator is 100% responsible.

Is there a fee?

That depends on your income. The fees are set on a sliding scale according to your income, but we never let costs be a barrier. Please consult with your Counsellor if you are experiencing financial difficulty.

What is sexual abuse?

Sexual abuse occurs in situations when perpetrators use their power to force or manipulate children and young people into various forms of sexual contact.

This can include:

- Sexual suggestion
- Exhibitionism
- Oral sex
- Showing pornographic material
- Using children/young people in the production of pornographic material
- Penile or any other penetration of the genital or anal region
- Child prostitution
- Any unwanted sexual act that has someone feeling uncomfortable and unsafe.